

CULINARY ARTS BOOT CAMP

Moraine Valley Community College
9000 W. College Pkwy
Palos Hills, IL
June 18, 2019
Building M Room M143
8am to 4pm
Maximum 15 People

Tour the Mediterranean with dishes featuring spices, fresh herbs, yogurt, and citrus. Get hands-on practice grilling, roasting, sautéing and making sauces.

7:15-8:00 AM Continental Breakfast/Check in

8:00-8:30 AM Introductions/Days Agenda/Questions

8:30-9:00 AM Kitchen Tour/Kitchen Safety / Sanitation 3-Compartment sink / Dish machine

9:00-9:30 AM Discuss Class Production

9:30-12:30 PM Kitchen lab- Savory

12:30-1:30 PM Working Lunch- Teachers will eat lunch and critique recipes utilized in morning sessions

1:30-3:00 PM Kitchen Lab-Desserts

3:00-4:00 PM Enjoy desserts/Critique recipes/Wrap up